

EN Guidelines for Tattoos, Daith Piercing for Migraines & Updated Guidelines on the Wearing of Gloves

Tattoos

Tattoos that display offensive language or images should be covered. Even with this approach there is a sliding scale on the tolerance of what constitutes offensive language in modern times. However, as a general rule, words that you would not likely use in a business email are those that would need to be covered.

Daith Piercings for Migraines

The medical evidence regarding a Daith/Tragus piercing is only anecdotal at this time with some Doctors prepared to support its use and some that do not. England Netball would suggest that a player gets a supporting letter from a Doctor and then appeals to their league committee for a dispensation as there may be local regulations that apply. If granted, it is suggested that the player wears a headband covering her piercing. Taping is not sufficient and the headband would offer an additional level of safety to the wearer and other players. The advice from EN is that all piercings are removed at this stage unless they are single ended dermal piercings that require medical removal. These should be suitably covered with a padded dressing and securely taped. Please refer to the EN Domestic Guidance for further information.

Updated Guidelines on the Wearing of Gloves

If for medical reasons gloves are required, then on production of an appropriate medical certificate, a Local League, County, Regional Committee or England Netball may allow gloves to be worn.

These players are then to be advised to have personal liability insurance. There is no reason for an umpire to request a medical certificate from a player nor is it necessary for the player to obtain a medical certificate annually.

Umpires are reminded that they still have to be satisfied that any gloves worn do not present an obvious hazard to other players. Gloves should be plain, soft leather type, seamless or with internal seams.

If it is cold, **Junior** players can wear gloves, but must ensure that the gloves are of the kind outlined above.

London & South-East Region
Guidelines updated May 2020